

Soybeans-BBQ Flavored Roasted

Nutrition Facts

Serving Size: 100g
Serving per Container:

Amount per Serving

Calories 481 Calories from Fat: 222

% Daily Value *

Total Fat	26 g	37 %
Saturated Fat	4 g	19 %
Trans Fat	0 g	
Cholesterol	0 mg	0 %
Sodium	777 mg	33 %
Total Carbohydrates	37 g	11 %
Dietary Fiber	19 g	70 %
Sugars	0 g	
Protein	33 g	

Vitamin A 7% Vitamin C 7 %
Calcium 15% Iron 22 %

* Percent Daily Values are based on a 2,000 calorie diet.
Your daily values may be higher or lower depending on
calorie needs.

	Calories:	2,000	2,500
Total Fat	Less than	65 g	80 g
Sat Fat	Less than	20 g	25 g
Cholesterol	Less than	300 mg	300 mg
Sodium	Less than	2,400 mg	2,400 mg
Total Carbohydrates		300 g	375 g
Dietary Fiber		25 g	30 g

Calories per gram

Fat 9 Carbohydrates 4 Protein 4

Ingredients: Soybeans, Sunflower Oil, Salt, Sugar,
Spices, Tomato Powder, Natural Flavor,
Onion and Garlic, Torula Yeast, Molasses
Powder, Citric Acid, Autolyzrd Yeast
Extract and Extractives of Paprika
and Annatto

*The values listed above represent data collected from our suppliers and/or the USDA National Database for Standard Reference, Release 19 (2006), to the best of our knowledge, we believe them to be accurate.