

Peas-Fried Green

Nutrition Facts

Serving Size: 100g
Serving per Container: n/a

Amount per Serving

Calories 96 Calories from Fat: 21

% Daily Value *

Total Fat	2 g	4 %
Saturated Fat	1 g	5 %
Trans Fat	<0.1 g	
Cholesterol	0 mg	0 %
Sodium	389 mg	16 %
Total Carbohydrates	14 g	5 %
Dietary Fiber	5 g	20 %
Sugars	6 g	
Protein	5 g	

Vitamin A	15%	Vitamin C	65 %
Calcium	2%	Iron	8 %

* Percent Daily Values are based on a 2,000 calorie diet.
Your daily values may be higher or lower depending on calorie needs.

	Calories:	2,000	2,500
Total Fat	Less than	65 g	80 g
Sat Fat	Less than	20 g	25 g
Cholesterol	Less than	300 mg	300 mg
Sodium	Less than	2,400 mg	2,400 mg
Total Carbohydrates		300 g	375 g
Dietary Fiber		25 g	30 g

Calories per gram			
Fat	9	Carbohydrates	4
		Protein	4

Ingredients: Green Peas, Palm Oil, Salt, Color(FD&C Yellow No. 5 (tartrazine/E102), Blue No.1 (Brilliant Blue/E133))

*The values listed above represent data collected from our suppliers and/or the USDA National Database for Standard Reference, Release 19 (2006), to the best of our knowledge, we believe them to be accurate.