

Ginger

Nutrition Facts

Serving Size: 100g
 Serving per Container: n/a

Amount per Serving

Calories	370	Calories from Fat:	0
% Daily Value *			
Total Fat	0 g		0 %
Saturated Fat	0 g		0 %
Trans Fat	0 g		
Cholesterol	0 mg		0 %
Sodium	75 mg		3 %
Total Carbohydrates	91 g		30 %
Dietary Fiber	0 g		0 %
Sugars	82 g		
Protein	Less than 1 g		

Vitamin A	0%	Vitamin C	2 %
Calcium	4%	Iron	4 %

* Percent Daily Values are based on a 2,000 calorie diet.
 Your daily values may be higher or lower depending on calorie needs.

		Calories:	2,000	2,500
Total Fat	Less than		65 g	80 g
Sat Fat	Less than		20 g	25 g
Cholesterol	Less than		300 mg	300 mg
Sodium	Less than		2,400 mg	2,400 mg
Total Carbohydrates			300 g	375 g
Dietary Fiber			25 g	30 g

Calories per gram

Fat 9 Carbohydrates 4 Protein 4

Ingredients: Ginger, Cane Sugar, Citric Acid, Sulfur Dioxide

*The values listed above represent data collected from our suppliers and/or the USDA National Database for Standard Reference, Release 19 (2006), to the best of our knowledge, we believe them to be accurate.