

Craisins-Orange Flavored

Nutrition Facts

Serving Size: 100g

Serving per Container:

Amount per Serving

Calories	342	Calories from Fat:	5
% Daily Value *			
Total Fat	1 g		1 %
Saturated Fat	0 g		0 %
Trans Fat	0 g		
Cholesterol	0 mg		0 %
Sodium	2 mg		0 %
Total Carbohydrates	84 g		28 %
Dietary Fiber	5 g		20 %
Sugars	67 g		
Protein	0 g		

Vitamin A	0%	Vitamin C	2 %
Calcium	0%	Iron	0 %

* Percent Daily Values are based on a 2,000 calorie diet.
Your daily values may be higher or lower depending on
calorie needs.

	Calories:	2,000	2,500
Total Fat	Less than	65 g	80 g
Sat Fat	Less than	20 g	25 g
Cholesterol	Less than	300 mg	300 mg
Sodium	Less than	2,400 mg	2,400 mg
Total Carbohydrates		300 g	375 g
Dietary Fiber		25 g	30 g

Calories per gram

Fat 9 Carbohydrates 4 Protein 4

Ingredients:

Sugar, Cranberries, Citric Acid, Natural
Orange Flavor with Other Natural Flavor,
Elderberry Juice Concentrate, Sunflower
Oil